

## Ḥadīth Forty Three

# Drinking recited honey breaks eaten siḥr

Then eat from all the fruits and follow the ways of your Lord laid down [for you]. There emerges from their bellies a drink, varying in colours, in which there is healing for people. Indeed in that is a sign for a people who give thought (16:69).

ثُمَّ كُلِي مِنْ كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلُلًا ۗ يَخْرُجُ مِنْ  
بُطُونِهَا شَرَابٌ مُخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ لِلنَّاسِ ۗ إِنَّ فِي ذَلِكَ لَآيَةً  
لِّقَوْمٍ يَتَفَكَّرُونَ ﴿٦٩﴾

Ibn 'Abbās said (and it attributed to the Prophet): Healing is in three things: A drink of honey, the instrument of the cupper, and cauterizing with fire, but I forbid my nation to use cauterization.

عَنِ ابْنِ عَبَّاسٍ قَالَ الشِّفَاءُ فِي ثَلَاثٍ شَرْبَةَ عَسَلٍ وَشَرْطَةَ حُجَجِمٍ  
وَكَيْتَةَ بِنَارٍ وَأَنْهَى أُمَّتِي عَنِ الْكَيْتِ

Recorded in Al-Bukhārī.

### Points of benefit:

1. Drinking recited honey on an empty stomach breaks the consumed siḥr.
2. It can also untie the knots and take out the pins tied within the body by the siḥr.
3. One ought to seek advice on how to consume recited honey from their expert upright Rāqī, as each individual case can be different, especially those that are diabetic.