

## Ḥadīth Thirty Five

# Tawakkul, duās and adhkār are the essences of protection and treatment

And indeed, those who disbelieve would almost make you slip with their eyes when they hear the message, and they say: Indeed, he is mad (65:51).

وَإِنْ يَكَادُ الَّذِينَ كَفَرُوا لَيُزْلِقُونَكَ بِأَبْصَارِهِمْ لَمَّا سَمِعُوا الذِّكْرَ  
وَيُتَوَلَوْنَ إِنَّهُ لَمَحْجُونٌ ﴿٥١﴾

Abū Sa'īd reported that Angel Jibrīl came to Allāh's Messenger (ﷺ) and said: Muḥammad, have you fallen ill? He said: Yes. The angel said:

عَنْ أَبِي سَعِيدٍ ، أَنَّ جِبْرِيلَ أَتَى النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ  
فَقَالَ : يَا مُحَمَّدُ اسْتَكَيْتَ ؟ فَقَالَ : نَعَمْ . قَالَ

With the name of Allāh I exorcise you from everything and safeguard you from every evil that may harm you and from the eye of a jealous one. Allāh will cure you and I invoke the name of Allāh for you.

بِاسْمِ اللَّهِ أَرْقِيكَ مِنْ كُلِّ شَيْءٍ يُؤْذِيكَ مِنْ شَرِّ كُلِّ نَفْسٍ أَوْ  
عَيْنٍ حَاسِدٍ ، اللَّهُ يَشْفِيكَ ، بِاسْمِ اللَّهِ أَرْقِيكَ

Recorded in Muslim.

### Points of benefit:

1. One needs assistance and help when he is inflicted with severe evil eye.
2. This duā again shows the unimaginable power of *bismillāh*.
3. This duā is comprehensive enough to cure physical illnesses like severe fever.