

Ḥadīth Six

Continuous recitation of Sūrah al-Baqarah protects the household and breaks the sihr

O mankind, there has come to you a conclusive proof from your Lord, and We have sent down to you a clear light (4:174).

يَا أَيُّهَا النَّاسُ قَدْ جَاءَكُمْ بُرْهَانٌ مِّن رَّبِّكُمْ وَأَنْزَلْنَا إِلَيْكُمْ نُورًا
مُّبِينًا ﴿١٧٤﴾

Recite the Qurān, for on the Day of Resurrection it will come as an intercessor for those who recite it. Recite the two bright ones, al-Baqarah and Āli-'Imran, for on the Day of Resurrection they will come as two clouds or two shades, or two flocks of birds in ranks, pleading for those who recite them. Recite Sūrah al-Baqarah because recourse to it is a blessing, and to give it up is a cause of grief, and the magicians cannot confront it.

اقْرَأُوا الْقُرْآنَ فَإِنَّهُ يَأْتِي بِيَوْمِ الْقِيَامَةِ شَفِيعًا لِأَصْحَابِهِ اقْرَأُوا
الرَّهْرَاوِينَ الْبَقْرَةَ وَسُورَةَ آلِ عِمْرَانَ فَإِنَّهُمَا تَأْتِيَانِ يَوْمَ الْقِيَامَةِ
كَأَهْمَا غَمَامَتَيْنِ أَوْ كَأَهْمَا غَيَابَتَيْنِ أَوْ كَأَهْمَا فِرْقَانٍ مِّنْ طَيْرٍ
صَوَّافٍ تُحَاجِّجَانِ عَنِ أَصْحَابِهِمَا اقْرَأُوا سُورَةَ الْبَقْرَةَ فَإِنَّ أَحَدَهَا
بَرَكَتٌ وَتَرْكُهَا حَسْرَةٌ وَلَا تَسْتَطِيعُهَا الْبَطْلَةُ
قَالَ مُعَاوِيَةُ بَلَّغْنِي أَنَّ الْبَطْلَةَ السَّحْرَةُ

Recorded in Muslim.

Points of benefit:

1. Reciting Qurān daily in the house protects the house and the household.
2. Reciting Sūrah al-Baqarah continuously breaks the sihr and protects the house and the household, no matter how much or how many acts of sihr are perpetrated by the magicians.
3. Reciting al-Baqarah and Āli-'Imran in tahajjud (night prayer) or any other sūrah with the intention of breaking sihr is one of most effective ways to destroy it especially if it is done every day, or frequently.
4. The ḥadīth explicitly affirms that all sihr—the spiritual and the physical—can be destroyed simply by continuingly reciting Sūrah al-Baqarah.

The ḥadīth implicitly affirms that the Nūr (light) of Sūrah al-Baqarah destroys the sihr in the house and anywhere else, and also protects the whole house from any new sihr. The whole Al-Qurān is described and named *Nūr*. So the whole Qurān can be recited with the intention of destroying the spiritual illnesses.