

Ḥadīth Thirty Four

Repetitive duā to Allāh for the patient is key to the cure

And when My servants ask you concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be guided (2:186).

وَإِذَا سَأَلَكَ عِبَادِي عَنِّي فَإِنِّي قَرِيبٌ ۖ أُجِيبُ دَعْوَةَ الدَّاعِ إِذَا دَعَانِ ۖ فَلْيَسْتَجِيبُوا لِي وَلْيُؤْمِنُوا بِي لَعَلَّهُمْ يَرْشُدُونَ ﴿١٨٦﴾

Āishah said: When any person amongst us fell ill, Allāh's Messenger (ﷺ) used to rub him with his right hand and then say: O Allāh take away the hardship, O Lord of mankind, heal him, You are the One who cures, there is no cure except Your cure, a cure that will not leave any sickness.

عَنْ عَائِشَةَ قَالَتْ كَانَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ إِذَا اشْتَكَى مِنَّا إِنْسَانًا مَسَحَهُ بِيَمِينِهِ ثُمَّ قَالَ أَذْهَبِ الْبَاسَ رَبِّ النَّاسِ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءً لَا يُعَادِرُ سَقَمًا.

[She further added] When Allāh's Messenger (ﷺ) fell ill, and his illness took a serious turn I took hold of his hand so that I should do with it what he would do (i.e. I would rub his body with his hand). But he withdrew his hand from my hand and then said: O Allāh, pardon me and make me join the highest companion. She said: I was gazing at him constantly when he had passed away.

فَلَمَّا مَرِضَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ وَتَوَلَّى أَخَذْتُ بِيَدِهِ لِأَصْنَعُ بِهِ نَحْوَ مَا كَانَ يَصْنَعُ فَاتْتَرَعُ يَدَهُ مِنْ يَدِي ثُمَّ قَالَ اللَّهُمَّ اغْفِرْ لِي وَاجْعَلْنِي مَعَ الرَّفِيقِ الْأَعْلَى. قَالَتْ فَذَهَبْتُ أَنْظُرُ فَإِذَا هُوَ قَدْ قَضَى

Recorded in Muslim.

Points of benefit:

1. Intend to cure the symptoms and the sources of the illness.
2. Recite duās and adhkār upon yourself whilst wiping the whole body with the right hand or both hands.
3. Recite duās and adhkār upon the patient whilst wiping with the right hand or with both hands.
4. Continue repeating, especially the words that impact.

5. Any part of the body that has the most pain or has is being impacted the most keep the hand placed there whilst reciting and repeating.